



# NBMA REGATTA 2023



SNACKS AND DRINKS WILL BE SUPPLIED AS ALL EVENTS.

50/50 TICKETS WILL BE SOLD AT MOST EVENTS

THANK YOU FOR ANY DONATIONS GIVEN AT THESE EVENTS

IF YOU ARE INTERESTED IN VOLUNTEERING YOUR TIME TO HELP WITH REGATTA EVENTS,

PLEASE CONTACT ME AT [carriefbothwell@gmail.com](mailto:carriefbothwell@gmail.com)

FOR 2023 I AM LOOKING FOR VOLUNTEER COORDINATORS TO RUN THE TRIATHLON.

# BIKE SCAVENGER RALLY

Date: **Saturday, July 22, 2023**

Location: Centennial Park

Registration: 9:30 a.m.

Start: 10:00 a.m.

End: 12:00 P.M.

Coordinator: Stephen Poirier

The Scavenger Hunt includes trivia questions about Norway Bay and collecting items from the cottage area.

## Teams of 4 (adults/children)



# BASKETBALL FREE THROW



Date: **Saturday, July 22, 2023**

Location: Centennial Park

Registration: 1:30 P.M.

Start Time: 2 P.M.

Coordinator: David and Renuka Harris

**GH \*:** Event qualifies for George Hermans' Trophy

	Age Categories				
Girls	6-9	10-13	14-16	17-24	25+
Boys	6-9	10-13	14-16	17-24	25+

# canoe kayak & Dragonboat regatta

Bring your canoe and/or kayak to the pier for some novelty races, hand paddling, gunnel bobbing, family challenges, and dragon boat challenges!

Fun for the whole family! A detailed schedule of races will be posted at the beach on the day of the event.

**Date:** **Sunday July 23, 2023**  
**Location:** PUBLIC BEACH  
**Start:** 10:00 a.m.  
**Registration:** 9:30 a.m.  
**Coordinator:** PETER NIEDRE



# LONG DISTANCE run

**Date:** **Saturday, July 29, 2023**  
**Location:** CENTENNIAL PARK  
**Registration:** 8:30 a.m.  
**Race Start:** 9 a.m.  
**Coordinator:** DONNIE & CHRISTINE HARRIS



GH*	FEMALE	TIME	YEAR	AGE (RACE DAY)	MALE	TIME	YEAR
Yes	Grace Magnan	11:41	2012	9 and under	Russell Neidre	9:30	2014
yes	Ella Neidre	10:09	2017	10 -11	Russell Neidre	9:14	2015
yes	Ella Neidre	9:37	2019	12 - 13	Russell Neidre	8:38	2018
yes	Sarah Moore	9:19	2017	14 - 16	Russell Neidre	8:06	2021
no	Lina Lachance	8:40	2015	17 - 24	Colin Imrie	7:36	2002
no	Kelly Maloney	8:42	2000	25 - 39	Peter Niedre	7:27	1999
no	Susan Moore	9:01	2007	40 - 49	Peter Niedre	7:56	2012
no	Susan Moore	9:41	2019	50 and over	Peter Niedre	8:56	2022

**GH \*:** Event qualifies for George Hermans' Trophy

# FIELD Day

Date: **Saturday JULY 29, 2023**

LOCATION: CENTENNIAL PARK

START TIME: 10:00 a.m.

COORDINATOR: HEATHER BAILY & CARYN TAYLOR

EVENT #			DESCRIPTION	AGE	GH*
Girls	Boys	Mixed			
1	2		40 yard sprint	4	no
3	4		50 yard sprint	5	no
5	6		50 yard sprint	6	yes
7	8		50 yard sprint	7	yes
9	10		50 yard sprint	8	yes
11	12		50 yard sprint	9	yes
13			50 yard Girls sack race	13 & over	no
	14		50 yard Boys sack race	13 & over	no
15			50 yard Girls sack race	10 – 12	no
		16	50 yard Mixed 3-legged race	9 & under	no
	17		50 yard Boys sack race	10 – 12	no
		18	50 yard Mixed 3-legged race	13 & over	no
19			50 yard Girls sack race	9 & under	no
		20	50 yard Mixed 3-legged race	10 – 12	no
	21		50 yard Boys sack race	9 & under	no
		22	Side step shuffle Mixed	13 & under	no
		23	Side step shuffle Mixed	14 & over	no
24	25		60 yard sprint	10	yes
26	27		60 yard sprint	11	yes
28	29		60 yard sprint	12	yes
30	31		60 yard sprint	13	yes
32	33		60 yard sprint	14	yes
34	35		60 yard sprint	15	yes
36	37		60 yard sprint	16	yes
38	39		60 yard sprint	17 & over	no
		40	Balloon Toss Mixed	All ages	no

**GH \*: Event qualifies for George Hermans' Trophy**



# TRIATHLON

**Date:** Sunday, July 30, 2023  
**Location:** Pier Beach  
**Registration:** 9:30 a.m.  
**Start Time:** 10:00 a.m.  
**Coordinator:** Pat Byrne & Julie Power

**Event Description:** SWIM (approx. 320 m) - BIKE (9 km) - RUN (2.5 km)

**NOTE:** Participants may enter as individuals or in teams of 3 family/friends.  
 Each team member must do ONE event.  
 All cyclists must have their own bicycle, helmet and shoes.

**Individual categories 13 & Under and Ages 14 – 16 qualify for the George Hermans' Trophy**

**Records:**

INDIVIDUAL RECORD HOLDERS							
GH	FEMALE	TIME	YEAR	AGE	MALE	TIME	YEAR
yes	Ella Neidre	41:39	2019	13 & under	Will McLean	41:01	2011
yes	Kaitlin Pritchard	41:50	2015	14 – 16	Colin Imrie	38:24	2000
no	Esmerelda Harris	41:47	2018	17 – 24	Colin Imrie	35:15	2001
no	Emilie Soisson	37:52	2011	25 – 39	Andrew Imrie	29:49	2011
no	Emilie Soisson	40:45	2022	40 – 49	Stan Senkowski	37:25	1998
no	Tineke Harris	42:36	2019	50 & over	Robbie Harris	42:11	2022

TEAM RECORD HOLDERS	TIME	YEAR
<b>Family</b> – Allison, Colin and Andrew Imrie	33:48	2004
<b>Friends 15 and Under</b> Tanner Bothwell and Calum Reid	38:39	2022
<b>Friends 16 and Over</b> Taylor Bothwell, Jordan Bastien, Ciaran Henning	35:41	2022



# SWIM MEET

**GH \*: Event qualifies for George Hermans' Trophy**

**Saturday AUGUST 5, 2023**

**LOCATION: Pier**

**START TIME: 10:00 a.m.**

**COORDINATOR: ANDRES BELTRAN & KERRY STARR**

EVENT	GH	AGE	EVENT	RECORD HOLDER		
					TIME	YEAR
1	no	6 & under	GIRLS 25M FREE	Bronwyn Paterson	28.19	2004
2	no	6 & under	BOYS 25M FREE	Jamie Clarke	28.40	2004
3	yes	7	GIRLS 25M FREE	Dixon Sterling	21.78	2004
4	yes	7	BOYS 25M FREE	Ian Dixon-Anderson	23.35	2003
5	yes	8	GIRLS 25M FREE	Julie Brousseau	19.53	2014
6	yes	8	BOYS 25M FREE	Andrew Clinton	20.31	1990
7	yes	9	GIRLS 25M FREE	Julie Brousseau	17.97	2015
8	yes	9	BOYS 25M FREE	Addison Butler	17:34	2014
9	yes	10	GIRLS 25 M FREE	Erin Lunney	15.58	1999
10	yes	10	BOYS 25M FREE	Addison Butler	15.90	2015
Ribbon Presentation of Events # 1 – 10						
11	yes	11	GIRLS 25M FREE	Julie Brousseau	14:84	2017
12	yes	11	BOYS 25M FREE	Matthew Clouthier / Sean Driscoll/ Will McLean	16:19 16:19 16:19	2001 2008 2009
13	yes	12	GIRLS 25M FREE	Julie Brousseau	14.37	2018
14	yes	12	BOYS 25M FREE	Addison Butler	13:84	2017
15	yes	13	GIRLS 50M FREE	Julie Brousseau	30:44	2019
16	yes	13	BOYS 50M FREE	Addison Butler	28.81	2018
17	yes	14	GIRLS 50M FREE	Erin Lunney	31.97	2003
18	yes	14	BOYS 50M FREE	Ryan Lunney	31.95	2000
19	yes	15 -16	GIRLS 50M FREE	Alexandra Butler	29.94	2018
20	yes	15 -16	BOYS 50M FREE	Tim Stewart	28.17	2000
21	no	17&over	GIRLS 50M FREE	Maura McLean	34:00	2018
22	no	17&over	BOYS 50M FREE	Michael Brannon	28.03	2015
Ribbon Presentation of Events # 11 – 20						
23	yes	8 & under	GIRLS 25M BACK	Julie Brousseau	24:09	2014
24	yes	8 & under	BOYS 25M BACK	Addison Butler	26.12	2013
25	yes	9 – 10	GIRLS 25M BACK	Maura McLean	19:25	2011
26	yes	9 – 10	BOYS 25M BACK	Addison Butler	20.25	2015
27	yes	11 – 12	GIRLS 25M BACK	Julie Brousseau	16:47	2013
28	yes	11 – 12	BOYS 25M BACK	Addison Butler	16.91	2017
29	yes	13 – 14	GIRLS 25M BACK	Alexandra Butler	16.03	2015
30	yes	13 – 14	BOYS 25M BACK	Ryan Lunney	15.75	2000
31	yes	15-16	GIRLS 50M BREAST	Taryn Harris	39.32	1999
32	yes	15-16	BOYS 50M BREAST	Steve Dixon	36.49	1999
33	no	17&over	GIRLS 50M BREAST	Maeve Botham	43.19	2015
34	no	17&over	BOYS 50M BREAST	Kyle Dixon-Anderson	38:09	2018
35	no	12 & under	MIXED 100M RELAY *	Camilo Harris, William Harris, Merielle Brousseau, Julie Brousseau	1:06:15	2018
36	no	13 -15	MIXED 100M RELAY *	Ryan Lunney, Katie Lunney, Alex Wood, Jessica Graham	59:09	2001
37	no	16 & over	MIXED 100M RELAY **	Andrew Imrie, Tim Stewart, Miranda Rose, Dana Labrie	54:42	2000

# LONG DISTANCE SWIM

**DATE: SUNDAY, AUGUST 6, 2023**

**LOCATION: SPEER BEACH**

**REGISTRATION: 10:00 a.m.**

**START TIME: 10:30 a.m.**

**COORDINATOR: LISA HAMILTON**

- 1) **Participant must be a competent swimmer able to swim 1000 m in open water.**
- 2) **Safety patrols will be on seadoo's at all points of the race so you do not need to provide your own kayak spotter in order to enter this race. If you wish to have your own kayak spotter, please do.**
- 3) **Swimmers must wear the bathing cap provided at event registration.**
- 4) **Event qualifies for George Hermans' Trophy**

GH	FEMALE	TIME	YEAR	AGE	MALE	TIME	YEAR
yes	Erin Lunney	14:00.44	2000	11 & under	Andrew Mackey	13:21.00	1988
yes	Allison Imrie	13:13.54	1993	12 – 13	Andrew Mackey	12:31.53	1990
yes	Grace Johnson	11:39.62	2006	14 – 16	Paul Staples	10:18.00	1983
no	Allison Imrie	12:54.47	1997	17 – 24	Paul Staples	11:24.00	1986
no	Kelly Niedre	16:32.49	2005	25 – 39	Tim Stewart	12:28.11	2006
no	Jodi Empey	15:03.64	2013	40 – 49	Rick Taylor	12:50.16	2000
no	Judy Sevigny	17:22.22	2006	50 & over	Rick Taylor	13:30.71	2004

## REGATTA AWARDS PRESENTATION

**DATE: SUNDAY AUGUST 6, 2023**

**LOCATION: CENTENNIAL HALL**

**START TIME: 6:30 P.M.**

**COORDINATOR: TOM & CARRIE BOTHWELL**

### **Event Ribbons and Medals**

Event ribbons/medals will be presented to NBMA members for 1st, 2nd and 3rd place finishing by the Co-coordinators of each event following the competition.

### **Norway Bay Victory Medallions**

Victory Medallions will be awarded to participating NBMA members at the Awards Presentation following the completion of all Regatta Events. Participating members who are 10 years & under must **participate in at least 6 events.**

**Members 11 years & over must participate in at least 8 events.**

### **George Hermans' Memorial Trophy**

George Hermans was a well-loved, friendly and helpful man who ran The Wayside Inn, Burnham Hall Hotel and a grocery store in Norway Bay with his wife Marion for several decades. He especially loved children and they loved him and his stories in return. Upon his death in 1961 the George Hermans' Memorial Trophy was established in his honor.

The George Hermans' Memorial Trophy is awarded annually to the male and female athletes with the highest point totals from GH designated Regatta Events. The athletes must be registered members of the NBMA. The point system will be awarded as follows:

<b>3 points for 1<sup>st</sup> place</b>	<b>2 points for 2<sup>nd</sup> place</b>	<b>1 point for 3<sup>rd</sup> place.</b>
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# Air Bands Performance

**Date:** **SUNDAY AUGUST 6, 2023**  
**LOCATION:** CENTENNIAL HALL  
**START TIME:** IMMEDIATELY AFTER GEORGE HERMAN PRESENTATION.  
**COORDINATOR:** CAMILO HARRIS

The highly-anticipated Air Bands Performance immediately follows the Awards Presentation and is an opportunity for individuals/groups to show their talent for lip-syncing and dancing to a recorded song. Performers are required to prepare a 2 minute song and attend a rehearsal with their music scheduled by Field Activities leaders.

